



Your Doctor Is In...Provider Finder[®]

**Spend less time
looking for a doctor
and more time
enjoying your life.**

Provider Finder from Blue Cross and Blue Shield of Texas (BCBSTX) is a fast, easy-to-use tool to find your next health care provider. Plus, it can help you manage health care costs.

Go to bcbstx.com and log in or create a Blue Access for MembersSM (BAMSM) account and click on the Doctors and Hospitals tab in Provider Finder to:

- Find in-network providers, hospitals, laboratories and more.
- Search by specialty, ZIP code, language spoken, gender and more.
- See clinical certifications and recognitions.
- Estimate the out-of-pocket costs of more than 1,600 health care procedures, treatments and tests.*
- Use quality awards such as Blue Distinction[®] Center (BDC), BDC+ or Total Care to inform your choices.
- See side-by-side provider or facility quality ratings and patient reviews.*



Go Mobile with BCBSTX

At bcbstx.com, log into or create your BAM account. You can stay linked to your claims activity, member ID card and coverage details. It's also where to see prescription refill reminders and health tips by text messages at 33633.

*Available for most networks and plans.



Blue EssentialsSM

Provider Directory

Limited Provider Networks: Your primary care practitioner (PCP) is part of a provider network or association of health care professionals who work together to provide a full range of health care services. That means, when you choose your PCP, you are also choosing a limited provider network and in most instances, for services to be covered by your health care benefit plan. You are not allowed to receive services from any practitioner or health care professional that is not part of your PCP's network. You will not be able to select any practitioner or provider outside of your PCP's network, even if that practitioner or provider is participating in the Blue Essentials network. All of your care will be provided by or arranged for within the limited provider network to which your PCP belongs, so make sure that your PCP's network includes the specialists and hospitals that you prefer.

Attention Female Enrollees: Choosing OB/GYN Services: In selecting your PCP remember that his or her network affects your choice of an OB/GYN. For preventive care (well-woman exams), gynecological conditions, or maternity care, female members may see a network OB/GYN without first obtaining a referral from their PCP. If you choose to select an OB/GYN, the OB/GYN you select must belong to the same limited provider network as your PCP. This is another reason to make certain that your PCP's network includes the specialists, particularly the OB/GYN, and hospitals that you prefer. You are not required to select an OB/GYN; you may elect to receive your OB/GYN services from your PCP.

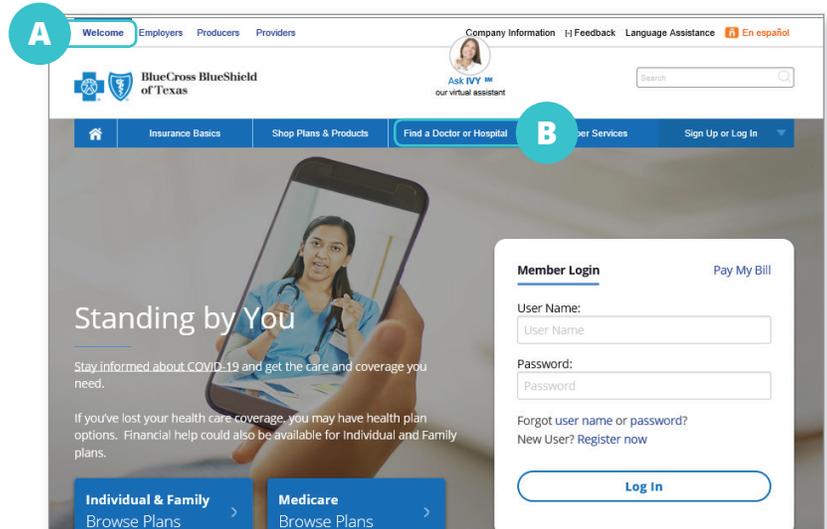
Provider Finder[®]

How to Find Providers as a Guest

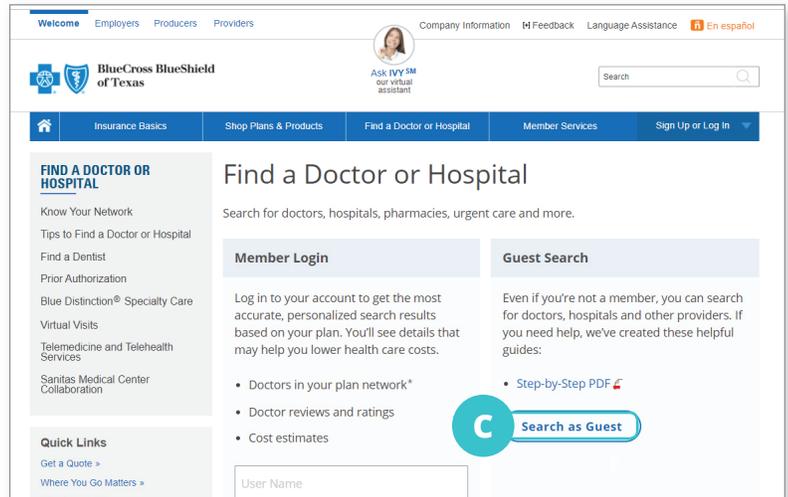
To get the most accurate results based on your plan, use the [Member Login](#).

Where to Start

- A. Go to bcbstx.com
- B. Select [Find a Doctor or Hospital](#)

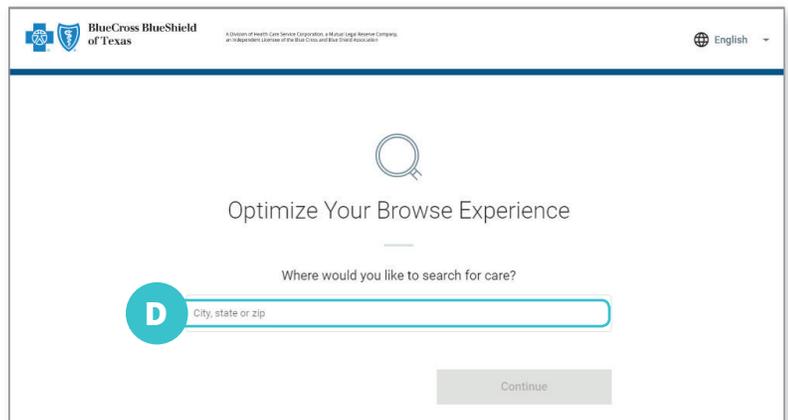


- C. Select [Search as Guest](#) to find providers when shopping for a health plan



Enter the Location Where You Want to Search for a Provider

- D. Enter any of the following under [Optimize Your Browse Experience](#):
 - City
 - State
 - ZIP Code



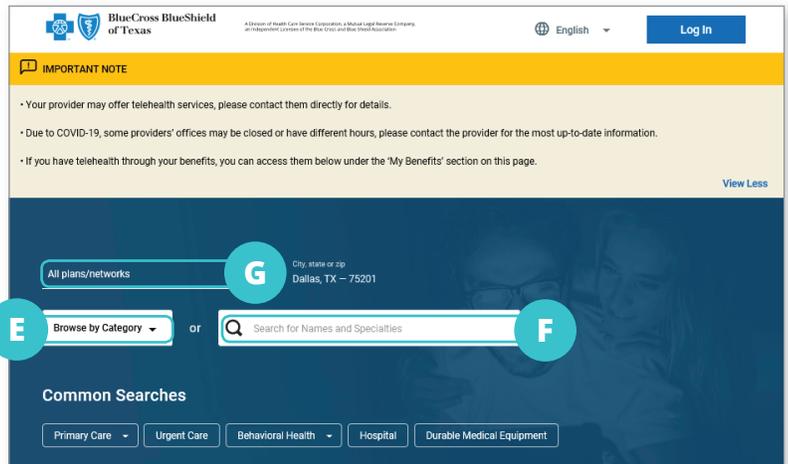
Complete at Least One of the Following

E. Select **Category**

F. Enter Provider's Name or Specialty

If You Know Your Plan/Network, Then Narrow Search to Show Only In-Network Providers

G. Select **plan/network** (skip to Step L)



If You Do Not Know Your Plan/Network Narrow Search

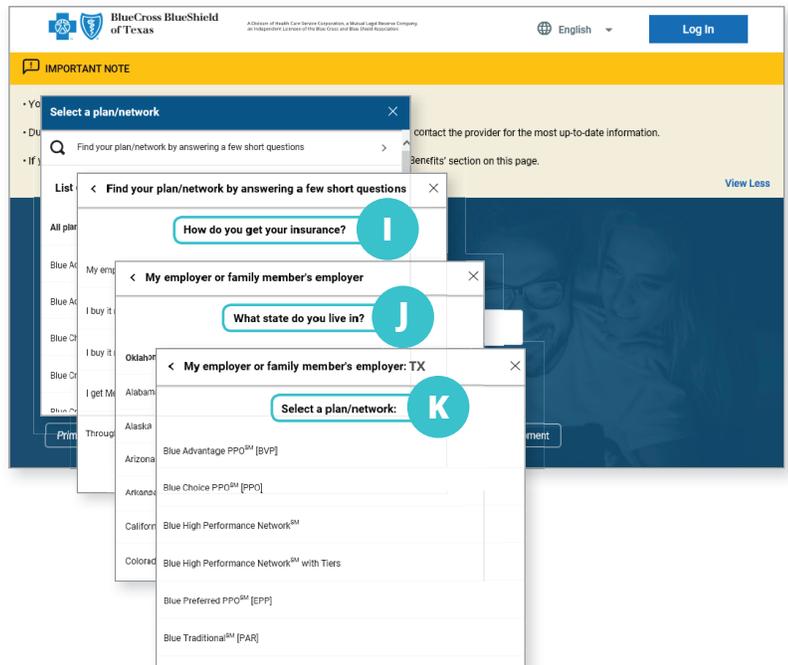
H. Select **Find your plan/network by answering a few short questions**

I. How do you get your insurance?

J. What state do you live in?

Select a Plan

K. Select a plan/network

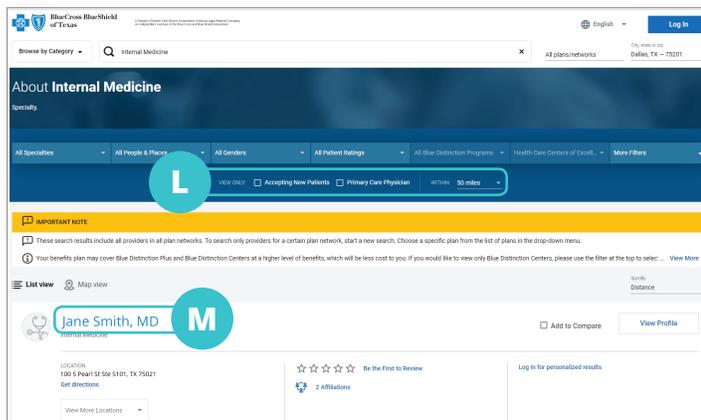


More Focused Results

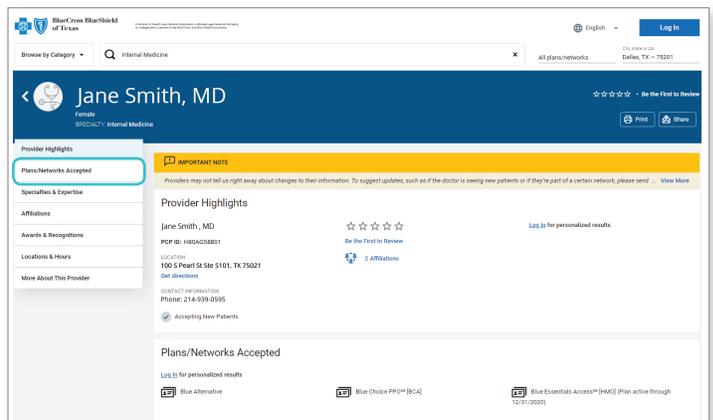
Searching all plans/networks will sort by distance. Select a particular plan/network to sort by best match.

L. Select **Accepting New Patients** or adjust distance from selected location

M. Select the provider you wish to view



View Selected Provider/Facility and Networks Accepted





**BlueCross BlueShield
of Texas**



It's your
choice

Finding the right doctor

Taking time to find the right health care provider is one of the best ways to get the most out of your health care dollar. In fact, according to the Agency for Healthcare Research and Quality, people who ask questions and take an active role in their health are happier with their care and see more improvement in their health than patients who do not.

When you need to find a doctor, take the time to research your options. Choosing the right doctor for YOU is just that — **your choice**. Here are some tips to help you meet your match.

Start with the network

- Health plans like Health Maintenance Organizations (HMO) and Participating Provider Options (PPO) use a certain group of doctors and health care professionals. This is called a provider network. Before you see a doctor, search Provider Finder[®] for doctors in your provider network. Finding a doctor in your HMO or PPO network may help keep your costs in line.
- Visit the Blue Access for MembersSM website. Check Provider Finder or call the number on the back of your ID card to find out which doctors are in your network.



Tips to narrow your search

- Ask family members, friends or co-workers for their suggestions.
- Check local resources such as network hospitals to see if they have a referral service.
- Contact your state's department of insurance and see if the doctors you are considering have had complaints filed against them.

Pick three or four doctors you like who are in your network. Call their offices and ask these questions:

- Can you reconfirm that the doctor is in my network?
- Is the doctor taking new patients?
- What are the office hours?
- What is the doctor's training and is the doctor board certified?
- How long has the doctor been in practice?
- Does the doctor or someone in the office speak your language?
- Which hospital(s) does the doctor use to treat patients?
- How long does it take to get an appointment?

Once you've narrowed your list, consider setting up appointments so you can get to know the candidates. Bring a list of questions and be prepared to discuss any concerns. Some offices charge a small fee for a meet and greet, but it could be well worth it.

Get started today to find the doctor that best meets your needs.